



ASFA Saddle Fitting Fact Sheet - Preparing for your Saddle Fit?

Please ensure you are fully prepared for your Saddle Fit:

- Venue is a safe venue to stand and ride your horse
- Horse has been in work for at least the last 3 weeks
- Horse is ready to be saddled and ridden (ie caught and brushed ready at venue)
- Ensure you have your standard saddle pad, bridle, helmet, saddle mounts and saddle
- Ensure you are prepared with any relevant history on the horse including date of last saddle fit and any records provided, ie:
 - How often is the horse ridden and how is he going?
 - Does your horse have any injuries or back soreness?
 - Is your horse's diet likely to change?
 - Is your horse's work load likely to change?