



ASFA Saddle Fitting Fact Sheet - Is it something other than a saddle fit issue?

Horses cannot tell you that they are sore and what is causing their soreness. Therefore it's the responsibility of you as their owner to determine the problem and take corrective measures to rectify it.

The first step is to contact your [local ASFA Accredited Saddle Fitter](#) to confirm if the issue is saddle fit. If your horse's soreness or behaviour is not improved after a saddle fit then the process of elimination begins. Your [local ASFA Accredited Saddle Fitter](#) can recommend other professionals to help you identify the root cause of the problem!

Possible problems you may need to address – ask your ASFA Accredited Saddle Fitter for their referral contacts!

- Poor Saddle Fit - contact your [local ASFA Accredited Saddle Fitter](#) to arrange a saddle fit
- Have just bought a New Saddle - contact your [local ASFA Accredited Saddle Fitter](#) to arrange a saddle fit
- Correct riding position needs work - contact a recommended riding coach who has a good reputation
- Horse's Back is very sore and requires rest and rehabilitation - contact your [local Chiropractic Vet or Animal Chiropractor](#)
- Horse's feet require corrective shoeing - contact a recommended Farrier who has a good reputation for ability to do corrective shoeing
- Horse's teeth need doing - contact a recommended equine dentist who has a good reputation
- General horse health issue – contact a recommended horse vet who has a good reputation for treating horses